

## LEAGUE QUALIFYING STANDARDS

Note: 1500m and 3000m times are being provided for athletes who may make a qualifying mark at an invitational meet where those events are run. Conference meets (including Varsity Finals) run the 1600m and 3200m. For the 1500-3200, athletes must meet the “minimum” qualifying standard to be eligible for a roll-down (aka “call-up”) spot at Varsity Finals; those minimums are shown in *(italics and parentheses)* below.

### GIRLS VARSITY STANDARDS

|                                 | <b>G8U</b>             | <b>G9-10</b>          | <b>G11-12</b>           | <b>G13-14 &amp; G15-16</b> |
|---------------------------------|------------------------|-----------------------|-------------------------|----------------------------|
| <b>100</b>                      | 17.66                  | 15.63                 | 14.40                   | 13.77                      |
| <b>200</b>                      | 38.62                  | 33.67                 | 30.34                   | 28.60                      |
| <b>400</b>                      | 1:29.73                | 1:16.77               | 1:09.78                 | 1:05.68                    |
| <b>800</b>                      | 3:35                   | 3:08                  | 2:53                    | 2:42                       |
| <b>1500</b><br><i>(minimum)</i> | 7:17<br><i>(9:56)</i>  | 6:24<br><i>(8:44)</i> | 5:55<br><i>(8:04)</i>   | 5:35<br><i>(7:37)</i>      |
| <b>1600</b><br><i>(minimum)</i> | 7:49<br><i>(10:25)</i> | 6:52<br><i>(9:09)</i> | 6:21<br><i>(8:28)</i>   | 5:59<br><i>(7:59)</i>      |
| <b>3000</b><br><i>(minimum)</i> |                        |                       | 13:16<br><i>(15:18)</i> | 12:32<br><i>(14:28)</i>    |
| <b>3200</b><br><i>(minimum)</i> |                        |                       | 14:14<br><i>(16:16)</i> | 13:27<br><i>(15:22)</i>    |
| <b>LJ</b>                       | 8'6.25"                | 10'5.25"              | 12'5"                   | 13'7.25"                   |
| <b>HJ</b>                       |                        | 3'5"                  | 3'11"                   | 4'2"                       |
| <b>SP</b>                       |                        | 14'11"                | 18'9.25"                | 23'6.75"                   |
| <b>80H</b>                      |                        |                       | 17.35                   |                            |
| <b>100H</b>                     |                        |                       |                         | 19.93                      |

### BOYS VARSITY STANDARDS

|                                 | <b>B8U</b>            | <b>B9-10</b>          | <b>B11-12</b>           | <b>B13-14 &amp; B15-16</b> |
|---------------------------------|-----------------------|-----------------------|-------------------------|----------------------------|
| <b>100</b>                      | 17.16                 | 15.12                 | 14.05                   | 12.66                      |
| <b>200</b>                      | 37.45                 | 32.12                 | 29.85                   | 26.24                      |
| <b>400</b>                      | 1:25.72               | 1:14.43               | 1:08.52                 | 59.58                      |
| <b>800</b>                      | 3:23                  | 2:56                  | 2:41                    | 2:26                       |
| <b>1500</b><br><i>(minimum)</i> | 6:39<br><i>(9:04)</i> | 5:52<br><i>(8:00)</i> | 5:29<br><i>(7:29)</i>   | 4:58<br><i>(6:46)</i>      |
| <b>1600</b><br><i>(minimum)</i> | 7:08<br><i>(9:31)</i> | 6:18<br><i>(8:24)</i> | 5:53<br><i>(7:51)</i>   | 5:20<br><i>(7:07)</i>      |
| <b>3000</b><br><i>(minimum)</i> |                       |                       | 11:52<br><i>(13:42)</i> | 11:03<br><i>(12:45)</i>    |
| <b>3200</b><br><i>(minimum)</i> |                       |                       | 12:44<br><i>(14:33)</i> | 11:52<br><i>(13:34)</i>    |
| <b>LJ</b>                       | 9'2"                  | 11'3.75"              | 13'6"                   | 15'5.5"                    |
| <b>HJ</b>                       |                       | 3'5"                  | 4'0"                    | 4'7"                       |
| <b>SP</b>                       |                       | 18'2.75"              | 25'10.25"               | 27'3.5"                    |
| <b>80H</b>                      |                       |                       | 16.39                   |                            |
| <b>100H</b>                     |                       |                       |                         | 18.56                      |